



I AM NYCC

BONNIE CHUNG (9TH TRI)

Following her graduation from studying Kinesiology at University of Western Ontario in London, Ontario, Bonnie was pursuing a career in sports marketing and found herself in a clinic working with chiropractors, physical therapists, and physiatrists. While there, she decided she wanted to explore more about chiropractic and gained an appreciation for the educational background that they receive. Bonnie went on to choose NYCC because it provides a lot of opportunities for its students, including clinical rotations, remote clerk sites, and guest speakers. She appreciates that the faculty and staff at NYCC that have dedicated their lives to helping students navigate their way to success, making NYCC an institution that is one of a kind.

Growing up, Bonnie's dad always told her to, "try and do your best." This is some of the best advice she's ever gotten, and it keeps her driven while at NYCC. Recently, while shadowing a chiropractor in Boston he told her that, "You probably know more, as a fresh grad, than a doc who has been in practice for years." This was an eye-opener for her and gave Bonnie motivation to keep working hard at school. One of her biggest mentors is Dr. Kevin Marryshow, one of NYCC's alumni. He's not a conventional chiropractor; he challenges his patients and colleagues to think differently about pain, chiropractic, and rehabilitation.

Bonnie started taking seminars in fourth trimester at NYCC and started her education outside of NYCC with the Motion Palpation Institute, taking Upper Dynamic and eventually the Full-Spine seminar. She hopes to be a certified Motion Palpation practitioner by the time she graduates. Additionally she has also attended the North American Spine Society's latest annual meeting. Bonnie will also be completing the exercise course in DNS (dynamic neuromuscular stabilization) in the near future. She is interested in developmental kinesiology and the application of that into human performance and rehab. She recognizes the need for chiropractic and spine health in the health of those who primarily work at desks. She hopes to provide care and insight into this population and anybody that has an interest in moving better.



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