



DECEMBER 2017

HEALTH & FITNESS CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
BREAK HOURS - MONDAY - THURSDAY - 6 AM - 7 PM - FRIDAY - 6 AM - 6 PM					GYMNASIUM CLOSED COMMENCEMENT	HEALTH & FITNESS CENTER CLOSED COMMENCEMENT
3	4	5 PICKLEBALL 4:30-7 PM	6	7 PICKLEBALL 10 - 1 PM	8	9
10	11 GYM CLOSED 3:30 - 5:30 PM MYNDERSE TRACK	12 PICKLEBALL 4:30-7 PM	13 GYM CLOSED 3:30 - 5:30 PM MYNDERSE TRACK	14 PICKLEBALL 10 - 1 PM	15	16
17	18 BREAK HOURS GYM CLOSED 3:30 - 5:30 PM MYNDERSE TRACK	19 BREAK HOURS PICKLEBALL 4:30-7 PM	20 BREAK HOURS GYM CLOSED 3:30 - 5:30 PM MYNDERSE TRACK	21 BREAK HOURS PICKLEBALL 10 - 1 PM	22 BREAK HOURS	23 HEALTH & FITNESS CENTER CLOSED
24 HFC CLOSED	25 HEALTH & FITNESS CENTER CLOSED	26 HEALTH & FITNESS CENTER CLOSED	27 BREAK HOURS	28 HFC OPEN 6 - 10 AM NYCC XMAS INVITATIONAL	29 HEALTH & FITNESS CENTER CLOSED	30 HEALTH & FITNESS CENTER CLOSED
31 HFC CLOSED						

**HOURS
OF
OPERATION**

MONDAY - THURSDAY - 6 AM - 9 PM
 FRIDAY - 6 AM - 7 PM
 SATURDAY - 7 AM - 1 PM
 SUNDAY - 9 AM - 2 PM

FRONT RECEPTION DESK - 315-568-3259
 HEALTH & FITNESS CENTER OFFICE - 315-568-3254 OR 3255



FACEBOOK.COM/NYCCEALTHFITNESS