



NEW YORK
CHIROPRACTIC
COLLEGE

OCTOBER 2017

HEALTH & FITNESS CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 PICKLEBALL 4:30 - 7 PM	4	5 PICKLEBALL 10 - 1 PM	6	7
8	9	10 PICKLEBALL 4:30 - 7 PM	11	12 PICKLEBALL 10 - 1 PM	13	14
15	16	17 PICKLEBALL 4:30 - 7 PM	18	19 PICKLEBALL 10 - 1 PM	20	21
22	23	24 PICKLEBALL 4:30 - 7 PM	25	26 PICKLEBALL 10 - 1 PM	27	28
29	30	31 PICKLEBALL 4:30 - 7 PM				

**HOURS
OF
OPERATION**

MONDAY - THURSDAY - 6 AM - 9 PM
FRIDAY - 6 AM - 7 PM
SATURDAY - 7 AM - 1 PM
SUNDAY - 9 AM - 2 PM

FRONT RECEPTION DESK - 315-568-3259
HEALTH & FITNESS CENTER OFFICE - 315-568-3254 OR 3255



FACEBOOK.COM/NYCCEALTHFITNESS