

**NEW YORK CHIROPRACTIC COLLEGE  
HEALTH & FITNESS CENTER**

**TEMPORARY POOL SCHEDULE**

**December 11 - December 29th**

<b>MONDAY</b>	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
<b>TUESDAY</b>	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
<b>WEDNESDAY</b>	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
<b>THURSDAY</b>	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:30 pm	Open Recreation
<b>FRIDAY</b>	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
<b>SATURDAY</b>	
7:15 am - 9:00 am	Lap Swim
9:15 am - 12:30 am	Open Recreation
<b>SUNDAY</b>	
9:15 am - 10:30 am	Lap Swim
10:30 am - 12:30 am	Open Recreation